

Sunday Pre-Week Accountability Tracker

Decide What Matters

Take charge, week by week



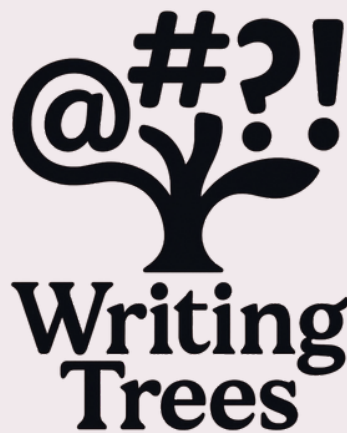
What stage are you at right now?
(Snapshot of your current progress as a marker)



What do you want to move forward this week
(Make it clear, no matter how big or small)



What needs your attention?
(Anything you've noticed and want to revisit? Any observations you want to act on?)



Week beginning:

Project:

WritingTrees.co.uk *Structure where it matters*

What's already working?
What do you want to protect?



What can wait?
(Not everything needs to be finished this week.)

What would make this week feel worthwhile?
(e.g finish chapter 4, reach out to publisher, write every day)

When will you make time?

*"First forget
inspiration. Habit is
more dependable."
Octavia E. Butler*

Monday: _____
Tuesday: _____
Wednesday: _____
Thursday: _____
Friday: _____
Saturday: _____
Sunday: _____

I will reward myself with:

Pre-Week Notes

Seeds and Branches

Nurture or prune. Decide later.

Week beginning:

Project:

